

Programme

Course in anatomy for doctors and physiotherapists

TRONDHEIM - Norway

St Olav's Hospital

Day 1

0900-0945	Introduction- ethical guidelines and procedures
0945-1030	Introduction shoulder, palpatory anatomy, injection shoulder
1030-1045	Coffee
1045-1115	Injection shoulder
1115-1245	Dissection shoulder
1245-1330	LUNCH
1330-1400	Injection elbow
1400-1445	Dissection elbow
1445-1500	Coffee
1500-1530	Injection wrist and hand
1530-1700	Dissection wrist and hand

Day 2

0900-0945	Summary day 1
0945-1030	Injection hip
1030-1045	Dissection hip
1045-1100	Coffee
1100-1130	Injection knee
1130-1245	Dissection knee
1245-1330	LUNCH
1330-1400	Injection ankle and foot
1400-1445	Dissection ankle and foot
1445-1500	Coffee
1500-1700	Spine – injection on prepared parts



Day 3

0900-0945	Principles of injection treatment
0945-1030	Clinical pharmacology
1030-1045	Coffee
1045-1115	Corticosteroids and local anaesthetics
1115-1245	Injection technique
1245-1330	Lunch
1330-1400	Clinical practice and recommended routine
1400-1445	Side effects - corticosteroids and local anaesthetics
1445-1500	Summary and end of course