

Course programme

Basic Course in Orthopaedic Medicine

Part 3a

(The thoracic spine and the last part of leg ankle and foot)

Day 1

0900-1000	Cervikal spine : Repetition	t
1000-1015	Coffee	
1015-1045	Leg ankle and foot : Repetition cl. Examination/ Res. tests	p
1045-1230	Leg ankle and foot : Interpretation ankle and subtalar joints t/p	
1230-1345	LUNCH	
1345-1515	Ankle and foot : Ankle sprain	t/p
1515-1530	Tea	
1530-1700	Lumbar spine : Repetition	p

Day 2

0900-1045	Thoracic spine : Anatomy/ Clinical examination	t/p
1045-1100	Coffee	
1100-1140	Thoracic spine : Discal lesions	t
1140-1230	Upper limbs: Repetition	p
1230-1345	LUNCH	
1345-1500	Thoracic spine : Manipulation 1	t/p
1500-1545	Thoracic spine : Non- discal lesions	t
1545-1600	Tea	
1600-1700	Thoracic spine : Manipulation 2	t/p