

Course programme

Basic Course in Orthopaedic Medicine

Part 2b

(The cervical spine and the first part of leg ankle and foot)

Day 1

0900-0945	Cervikal spine : Introduction Anatomy	t
0945-1045	Cervikal spine : Anatomy	t
1045-1100	Coffee	
1100-1130	Cervikal spine : History/ Functional examination	t
1130-1215	Cervikal spine : Functional examination	t
1215-1330	LUNCH	
1330-1415	Cervikal spine : Disclesions	t,p
1415-1500	Cervikal spine : Manipulation 1	t,p
1500-1515	Tea	
1515-1545	Cervikal spine : Manipulation 1	t,p
1545-1630	Elbow : Mock clinic	t

Day 2

0900-1030	Cervikal spine : Manipulation 2	t,p
1030-1045	Coffee	
1045-1145	Cervikal spine : Non discal lesions	t
1145-1230	Wrist and hand: Mock clinic	p
1230-1345	LUNCH	
1345-1430	Leg ankle and foot : Anatomy	t
1430-1500	Leg ankle and foot : Functional examination	t
1500-1515	Tea	
1515-1600	Leg ankle and foot : Anatomy/ clinical examination	p
1600-1700	Leg ankle and foot : Interpretation Resisted movements	t

Day 3

0900-1000	Leg ankle and foot : Interpretation Resisted movements	p
1000-1015	Coffee	
1015-1100	Cervikal spine : Refresh clinical exam. + manipulation	p
1100-1200	Cervikal/ Upper extremity : Mock clinic	p
1200-1400	Patients	