



Updated programme
Advanced course - Orthopaedic Medicine

**Advanced refresher course
Programme**

Day 1

09.00 – 10.15	General principles
10.15 – 10.30	Coffee
10.30 – 11.30	Cervical spine
11.30 – 12.15	Cervical and temporomandibular
12.15 – 13.15	LUNCH
13.15 – 14.30	Shoulder and shoulder girdle
14.30 – 15.00	Elbow
15.00 – 15.15	Coffee/ Tee
15.15 – 16.15	Wrist and hand
16.15 – 17.00	Neurocompression upper limb

Day 2

09.00 – 10.00	Hip
10.00 – 10.15	Coffee
10.15 – 11.00	Iliosacral joint
11.00 – 12.30	Knee
12.30 – 13.30	LUNCH
13.30 – 14.00	Knee
14.00 – 15.00	Leg ankle and foot
15.00 – 15.15	Coffee/ Tee
15.15 – 16.00	Leg ankle and foot
16.00 – 17.00	Neurocompression lower limb

Day 3

09.00 – 10.15	Lumbar spine – discodural – ligamentous – stenotic concepts
10.15 – 10.30	Coffee
10.30 – 11.30	Lumbar spine
11.30 – 12.30	Thoracic spine
12.30 – 13.30	LUNCH
13.30 – 14.30	Workshop upper limb
14.30 – 14.45	Coffee/ Tee
14.45 – 15.45	Workshop lower limb



For more information about Clinical Orthopaedic Medicine – please see www.ominorden.com

16.00 – 18.00

Multiple choice exam



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