



Updated programme *Advanced course* - Orthopaedic Medicine

Part 5b

(Instability knee, completion foot and neurocompression syndroms in the lower limb)

Day 1

09.00 – 10.15	Knee: Completion	t/p
10.00 – 10.15	Coffee	
10.15 – 11.00	Knee: Instability (1)	t
11.00 – 11.45	Knee: Instability (1)	p
11.45 – 12.15	Knee: Instability: (2)	t
12.15 – 13.15	LUNCH	
13.15 – 13.45	Knee: Instability: (2)	t
13.45 – 14.30	Knee: Instability: (2)	p
14.30 – 14.45	Coffee/ Tee	
14.45 – 15.15	Knee: differential diagnosis	t
15.15 – 16.00	Leg pain: Differential diagnosis/ Completion	t

Day 2

09.00 – 09.30	Quiz hip and knee	t
09.30 – 10.15	Leg, ankle, subtalar joint: Completion	t
10.15 – 10.30	Coffee	
10.30 – 11.15	Leg, ankle and foot: Recapitulation examination	p
11.15 – 12.00	Leg ankle and foot: Recapitulation therapy (Part 1)	p
12.00 – 13.00	LUNCH	
13.00 – 13.45	Leg ankle and foot: Recapitulation therapy (Part 2)	p
13.45 – 14.30	Ankle: Instability	t/p
14.30 – 14.45	Coffee/ Tee	
14.45 – 15.30	Ankle: Instability	t/p
15.30 – 16.15	Midfoot – forefoot: Anatomy - Biomechanics	

Day 3

09.00 – 09.30	Quiz cervical spine and shoulder	t
09.30 – 10.30	Midfoot: Pathology	t
10.30 – 10.45	Coffee	
10.45 – 11.15	Forefoot: Pathology	t
11.15 – 12.00	Midfoot – forefoot: Pathology	p
12.00 – 12.30	Neurocompression syndroms in the lower limb (1)	t



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12.30 – 13.15
13.30 – 14.15

Neurocompression syndromes in the lower limb (2)
Summery: Orthopaedic Medicine

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