



Updated programme
Advanced course - Orthopaedic Medicine

Part 5a (Lumbar spine, sacroiliac joint, buttock and hip
and TM joint)

Day 1

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|---------------|--|-----|
| 09.00 – 10.00 | Lumbar spine: Quiz | t |
| 10.00 – 10.15 | Coffee/ Tee | |
| 10.15 – 10.45 | Lumbar spine: Manipulation/ mobilization – completion | t |
| 10.45 – 11.30 | Lumbar spine: Acute lumbago – differential diagnosis | t |
| 11.30 – 12.15 | Lumbar spine: Acute lumbago: Treatment | t/p |
| 12.15 – 13.15 | LUNCH | |
| 13.15 – 14.00 | Lumbar spine: Instability/ Ligamentous concept | t |
| 14.00 – 14.30 | Lumbar spine: Stenotic concept | t |
| 14.30 – 14.45 | Coffee | |
| 14.45 – 15.15 | Lumbar spine: Stenotic concept | t |
| 15.15 – 16.00 | Lumbar spine: Comparison of 3 concept | t |
| 16.00 – 16.45 | Lumbar spine: Recapitulation manipulations/ mobilizations | p |

Day 2

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|---------------|---|-----|
| 09.00 – 10.00 | Sacroiliac joint | t |
| 10.00 – 10.15 | Coffee | |
| 10.15 – 11.00 | Sacroiliac joint | t/p |
| 11.00 – 12.00 | Buttock and hip: Completion | t |
| 12.00 – 13.00 | LUNCH | |
| 13.00 – 13.30 | Buttock and hip: Completion | p |
| 13.30 – 14.20 | Temperomandibular joint | t/p |
| 14.20 – 14.35 | Coffee/ Tee | |
| 14.35 – 15.45 | Temperomandibular joint | t/p |
| 15.45 – 16.20 | Lumbar spine: Therapy – Techniques and strategy | t/p |

