



Updated programme *Advanced course* - Orthopaedic Medicine

Part 4a (Cervical and shoulder)

Day 1

09.00 – 09.30	Cervical spine: Introduction + quiz	t
09.30 – 10.15	Cervical spine: Recapitulation clinical examination	t/p
10.15 – 10.30	Coffee	
10.30 – 11.00	Cervical spine: Recapitulation basic manipulation	t/p
11.00 – 11.30	Cervical spine: Anatomy vertebrobasilar system	t
11.30 – 12.10	Cervical spine: Examination vertebrobasilar system	t/p
12.10 – 13.10	LUNCH	
13.10 – 13.40	Cervical spine: Central disc protrusions	t
13.40 – 14.30	Cervical spine: Manipulation (3) (Side flexion)	t/p
14.30 – 14.45	Coffee/ Tee	
14.45 – 15.15	Cervical spine: Manipulation (4) (Leverage)	t/p
15.15 – 16.15	Cervical spine: Acute torticollis	t/p

Day 2

09.00 – 09.30	Recap day one	t/p
09.30 – 09.50	Cervical spine: Manipulation strategy	t
09.50 – 10.20	Cervical spine: Traction	t
10.20 – 10.35	Coffee	
10.35 – 12.00	Cervical spine: Degenerative conditions	t/p
12.00 – 13.00	LUNCH	
13.00 – 13.15	Cervical spine: Alarm bells	t
13.15 – 13.45	Cervical spine: Differential diagnosis root pain	t
13.45 – 14.15	Cervical spine: Post traumatic pain	t
14.15 – 14.30	Coffee/ Tee	
14.30 – 15.15	Shoulder: Instability	t
15.15 – 16.00	Shoulder: Instability	p





For more information about Clinical Orthopaedic Medicine – please see www.ominorden.com